

Lash Extension Aftercare Is So Important

Outside of a proper aftercare routine, make sure you follow these lash extension “musts” to help extend the longevity of your lashes and keep them looking their best:

Don't miss or postpone your lash fill appointments. Getting your lashes refilled every 2 weeks is necessary to keep that lash line looking full. We love seeing you come in routinely for your refills!

Be gentle with your lashes. Avoid rubbing your eyes and picking or pulling at your lashes. Not only can this cause your lash extensions to fall off prematurely, but it is also damaging to your natural lashes.

Avoid alcohol- and oil-based skincare or cosmetic products near or around your eye area.

Both oil and alcohol will break down the lash adhesive, causing premature lash fallout.

- Avoid water in the first 24 to 48 hours after the treatment.
- Cleanse your lashes daily with a special eyelash extension cleanser or distilled water.
- Avoid oil-based products, water-proof makeup, and lash curlers, as they can damage the adhesive and the lashes.
- Don't touch, rub, or sleep on your lashes.
- Brush your lashes with a soft bristle brush or a clean mascara wand to keep them aligned and fluffy.

- Avoid sports and recreation activities that cause you to sweat, and especially those taking place in humid conditions. Examples include but are not limited to swimming, showering, visits to spas and saunas and tanning.
- Do not use any creams, eye makeup removers, lotions, sunscreens or cleansers containing oils on or near eyelashes.
- Avoid rubbing your eyes and brows or touching your lashes with your hands or fingers.
- Whilst difficult, try to avoid crying during the first 48 hours.
- It is advisable to sleep on your side or back versus on your front for the first 24 hours.

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